



SUNNINGHILL STRIDERS RUNNING CLUB

CODE OF CONDUCT 2016

For the safety & continued enjoyment of Club members, The Sunninghill Striders Running Club (the "Club") has adopted a Code of Conduct to which all members, by agreeing to join the Club and continuing to be a member of it, are obliged to comply.

The following rules constitute the code of conduct but may be amended by the Club's Committee, at its discretion, from time to time. Any change in the code of conduct shall be communicated to the Club's members by email whereupon the code, as amended, shall be come into force with immediate effect.

As a member of the club, each member shall:

1. during Club events, functions and meetings and whenever they appear in a representative capacity for the club, whether it be at official races or elsewhere, conduct himself or herself in such a manner so as to not bring the Club or its members into disrepute or otherwise to cause embarrassment to the Club or any of its members;
2. behave in such a manner so as to ensure their own safety and the safety of others while running or participating in Club events by, for example, wearing reflective gear when running after dusk or before dawn, abiding by the relevant road traffic laws and by running facing towards oncoming traffic and in a manner so as not to impede other road users;
3. wear the official Club Colours as registered with Central Gauteng Athletics (CGA) at all Athletics South Africa (ASA) & its affiliated bodies' sanctioned races with his or her current licences displayed on both the front and back of his or her Club vest;
4. obey the instructions of race marshals and traffic officials, be respectful to members of other running clubs and the general public;
5. refrain from bringing pets to Club events, functions or meetings; and
6. refrain from any form of harassment, intimidation, violence or abuse of any Club member.

Any member alleged to have contravened the Code of Conduct shall face disciplinary action, which shall include a hearing which the member in question will be invited to attend and which shall be presided over by the Chairman of the Club and two other members of the Club appointed by the committee of the Club.

Disciplinary action may include a warning, a suspension or expulsion from the Club.