



P.O.Box 2080 Sunninghill 2157  
Email: info@sunninghillstriders.co.za Website: www.sunninghillstriders.co.za

### The Sunninghill Striders Running Club Membership Renewal Form

*The completeness and accuracy of this submission, helps us to improve our service to you!  
Should your email address change during the year, please notify us immediately*

**Thank you for your very valued and continued support of The Sunninghill Striders Running Club**

Renewal Year:.....

Full Name:.....

Current CGA Licence Number:.....

Membership Type: Eg. Single, Family, Concessionary, or Social: .....

I hereby apply to renew my Sunninghill Striders Running Club membership. I declare that I am an amateur in terms of the rules of Athletics South Africa.

#### Code of Conduct / Rules and Regulations “The Code”

I have read and understood the Code of Conduct of The Club and do hereby agree to abide by The Code and also to abide by the rules and regulations of The Club as laid down from time to time.

#### Waiver and Indemnity

I hereby waive and abandon my rights to institute any claim or action against The Sunninghill Striders Running Club, it's Officials, Sponsors, Supporters or Members, in respect of any loss, damage, injury or death which I may sustain whilst participating in any event or race, whether formal or informal and whether as an official or competitor, which is organised by, run by or held under the auspices of The Sunninghill Striders Running Club.

#### Completed SSRC Renewal Form, ASA Licence Form and Proof of Payment

This completed renewal form together with your proof of payment can be emailed back to us ([info@sunninghillstriders.co.za](mailto:info@sunninghillstriders.co.za))

Please indicate if you would like to make a donation to our sponsored runner fund. R50  R100  R150

Please pay this separately into our bank account marked ‘Sponsored Runner’ Other Amount

SIGNED: .....

DATE: .....

**All information will remain Private and Confidential and the property of The Sunninghill Striders Running Club**

#### For Office Use Only:

2021 CGA Licence number.....Membership.....Fees Received: R.....